

## Learning activity exercise: Have you been engaged in one of your healthcare system’s learning activities?

### Instructions:

Think about a learning activity that you have been engaged in, or that the patient/family advisory group you work with has been engaged in. See how many parts of the table you are able to complete.

If there are sections of the table that you cannot complete, consider working with your contacts within the healthcare system to learn more.

- Were these steps conducted by the system and, if so, how?
- If they were skipped, why?

After completing this exercise, if you find it helpful, you can repeat it for other learning activities—either ones that have already been completed or ones you would like to see the healthcare system tackle in the future. Doing this exercise for several learning activities may help you to see what parts of learning your healthcare system is doing really well. Doing the exercise can also help you see where you and your group can most effectively promote sound learning practices and increased patient and family collaboration in the learning process.

### Describing a healthcare system learning activity

<i>Briefly describe the learning activity:</i>	
How did this issue or problem come to the attention of your healthcare system?	
How were patients & families involved?	
How did your healthcare system decide to prioritize this issue? Why was it chosen for a learning activity?	
How were patients & families involved?	
How did your healthcare system decide on the best way to study the issue and identify ways to address it?	
How were patients & families involved?	

## Describing a healthcare system learning activity

How did your healthcare system collect data and information related to this issue?	
How were patients & families involved?	
How did your healthcare system go about implementing the new plan?	
How were patients & families involved?	
How did your healthcare system go about studying how well the improvement plan worked?	
How were patients & families involved?	
How did your healthcare system share what it learned from this learning activity with other hospitals or health systems?	
How were patients & families involved?	
How did your healthcare system ensure that patients were protected throughout the course of the activity?	
How were patients & families involved?	

This exercise is part of a toolkit found in this publication: Joffe S, Gleason K, Grob R, McGraw S, McLean P, Solomon M. "Strengthening healthcare through patient and family engagement in quality Improvement and research: A user's guide for patient and family advisors and their learning healthcare systems." The University of Pennsylvania Perelman School of Medicine, Philadelphia, PA; 2019. Available at [www.learningwithpatients.org](http://www.learningwithpatients.org)